
◆ Fill In ◆

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Dr. Silvers attends halitosis seminar

Recently, Dr. Silvers attended a seminar on halitosis by Dr. Richard Miller, who wrote the book "Beating Bad Breath". This is a very informative publication that is available at our office.

Bad breath is actually called **Halitosis**. Many people believe that bad breath comes from the stomach. Surprisingly, stomach disorders account for less than 10% of breath problems. The real source for over 90% of halitosis is from sulfur compounds that originate in the mouth. These gases are generated by bacteria in plaque, the natural process of shedding cells or a combination of other oral conditions.

Halitosis can be a crippling stigma limiting a person's social life and work opportunities. Occasionally, most people think they have a breath problem that may or may not exist.

The halimeter is an instrument used to detect and measure the level of sulfur compounds in the mouth. This allows us to evaluate the current condition and future improvement. Once the cause is determined there are several methods of effective treatment.

Mouthwashes do not eliminate bad breath, they merely cover up one odor with another. They can even worsen breath problems because

most contain alcohol. Alcohol causes drying of the mouth. This is one of the main causes of malodor.

The essential component of a good mouthwash is chlorine dioxide which breaks down the odor causing chemicals.

If you or someone you know has a breath problem, feel free to give us a call. We will be happy to schedule an appointment for a halimeter test and discuss appropriate treatment.

Dr. Silvers serving in the Air Force

No this is not Dr. Silvers but his son, Dr. Warren D. Silvers III. Many of you already know that Warren graduated Cum Laude from the University of Pittsburgh School of Dental Medicine in 1994. Upon graduation he entered the Air Force where he was appointed to a dental residency at Wright Patterson Air Force Base in Dayton, Ohio. He was able to study each speciality in dentistry under the supervision of a specialist. After successfully completing his residency he was assigned to Hurlburt Field in Florida. Having the same commitment to continuing dental education as his father he was assigned as the continuing education office for the dental clinic.

He and his wife Lauren (the former Lauren Russell of Millersburg, PA) were blessed with a baby girl last October. Her name is Alina Victoria.

We are all looking forward to July 1997, when he completes his service and returns to practice dentistry with his father. Any suggestions how we can tell the two apart?

Guatemala trip serves Mayans

In March, Dr. Silvers and his wife Joan traveled to Guatemala with the Christian Dental Society. Accompanying them were three dental students from the University of Florida and another dentist from Missouri.

The mission was in a Mayan Indian village, San Lucas Toliman, which lies in the mountains 5,000 feet above sea level. It is surrounded by three volcanoes and borders the beautiful Lake Atitlan.

Monsenior Gregg Sheaffer was our host and pastor of the La Paroquia which is the center of most activities for the community. Father Sheaffer, over the past twenty years, has helped more than 2,000 families become independent by teaching and encouraging each family to

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develop three acres of land, so that they can support themselves.

In the dental clinic we saw many decayed and abscessed teeth due to a lack of dental care in the area. However, we often heard "No quiero extracion." (I don't want my tooth pulled). We saved as many teeth as we could by placing fillings in the decayed teeth.

One of the unusual conditions that we found was the wearing away of enamel on several children's teeth. This was from their habit of sucking on limes. Limes contain citric acid which erodes away the

tooth enamel.

Several drug and manufacturing companies donated drugs and supplies. We were able to dispense needed pain medications and antibiotics to those who required surgery and had a large surplus to give to the medic clinic. The dental students visited the school and presented a dental hygiene program. They passed out toothbrushes for the children and gave the teachers a year supply of fluoride tablets with instructions. There are several other churches in this village and all were invited to

be treated at the dental clinic. It was stimulating and rewarding to see everyone living together in harmony. It was evident that the people here had been witnessed to and were following Christian-Judeo principles.

Introducing the first issue of Fill In. We would like to thank Erma Fiedler for suggesting the name of our newsletter "Fill In" to us. We plan to publish a newsletter each quarter so that we can inform our patients of new services and developments in our practice. We would welcome any suggestions from you. Please let us know if you feel this would be beneficial to you.

Stop by the office to meet our newest addition, Pauline Ward. Pauline will be assisting Dr. Silvers in most procedures. Joan needed a break. Her heart's desire is to spend more time with the grandchildren that keep springing up around the country. (Three in 1 1/2 years. Not bad!). We expect more to come. Joan now has the freedom to be "Grandma". We know you'll like Pauline as much as we do. She's friendly and qualified to help you feel comfortable and relaxed during dental treatment.

Mark you calendars for
Rutherford Lions Festival

August 13, 14, 15, 16
& 17, 1996

Come
listen to the music
have dinner
and play some bingo!!

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